

Jenny Wann about her stay in Odense



“This was the first time for me in Odense, so I was very excited to begin my training and experience the difference compared to what I am used to in Sweden.

Unfortunately my stay didn't start so well. Before my two weeks in the training center, I had struggled with some injuries. Therefore already before arriving, I was worried that it will affect my trainings in Odense also. Furthermore after my first training on Monday morning, I managed to catch a fever already but luckily I was in bed only for 1,5 days so I could start training again on Wednesday morning. Although I felt a bit weak, it felt good to be on court again. Even though I was not in my best shape, I managed to get through. When I had some kind of problems, we always found suitable exercises for me. In the end of my first week there was a tournament in Odense, which I and many of the players in the academy played.

My second week was a better one – luckily without any injuries or sickness. We were usually divided into a girls and a boys group. Coach Lennart Engler was in charge of coaching the girls.

He always had a good attention towards me and to the others. He often came up with good ideas for me to think about and pointed out things I need to change. I received a lot of useful advices from him, which I will have to develop by myself, but I hope it will help me in the future to improve my game. What I really liked about the training center in Odense is that the trainings are very well structured. And I also had good sparring partners like Laura Vana, Airi Mikkela, Zuzana Pavelkova, Monika Radovska, Camilla Martens and Martina Repiska.

So all in all I got a lot of positive things from Odense, I met awesome people and I have got a handful of useful advices. Overall I am very glad and satisfied for getting this experience, and it is very possible that I will go back again!

I am also very grateful towards Badminton Europe for giving me the opportunity to experience the training in Odense, so a huge, huge thank you!!!”