

Morgan Lidman about his experience in Odense

My stay at Odense was really good. The whole organization is different from what I'm used to at home. The head coach Lennart Engler is very competent and experienced. He focuses on relatively small details in the game that I haven't thought of before, which is really useful to step my game up to the next level. But that does not mean that the training sessions are easy and calm. Almost every practice was tough both physically and mentally.

My brother and I arrived in Odense on Sunday afternoon the 26th July. We had two weeks ahead of us full with training and also a little bit of sightseeing. Training started the following Monday morning. Every hall is unique and it can take some time to adapt to the conditions sometimes, but I never really had any problems with that this time.



In Odense there are great sparring players to train with. That is one of the main reasons I seek to train abroad during the summer, because at home it can be really difficult to find partners to train with that have the same goals in mind. One of the highlights of the trip was to train with the Danish Junior National Team in the hall where Denmark open is held. The overall standard of the players was a lot higher than I'm used to. It took some time to adapt to the giant hall but after a couple of minutes it was fine.



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Usually players who visit the academy in Odense to train, live together in a big house but me and my brother got a whole apartment for ourselves, except for the last two days when we had to move to the house with everyone else. The apartment was really nice and was located pretty centrally. It took about four minutes to walk to the hall and around ten to the center of the city.

My overall experience with my trip to Odense is very positive. I liked the training methods and concept a lot. I made improvements even though I wasn't there for a very long time, and made many new friends and contacts. I will definitely consider returning someday to train and improve even more.

Article by Morgan Lidman