

Miha Ivanič and Martin Cerkovnik in Odense

Our stay in Odense was a really great experience. We got to meet a lot of new friends and most importantly we were introduced to a different way of training, that we enjoyed a lot. Adopting to this new system wasn't so hard because some of the Slovenian players live and train in Odense, and they were able to help us with anything we needed and main coach, Lennart was also really nice and helpful.



We arrived to Denmark on Tuesday, 28 July and our first training started the next morning with a very hard multi session. For the next two weeks we had two practices per day, except Saturday when we had time to relax with a day off. The first practise was really hard both mentally and physically. We were not used to the hall and our legs were still stiff from travelling.

As we were in Odense by the end of the summer, in the last part of the preparations for the season, the main focus of the trainings were tactics and technique. Lennart mainly focuses on little details of the game, which we both found very hard to do so in the beginning, but as that is what it takes to become a better player we tried to get used to this kind of training method.

Training in Odense has a lot of advantages compare to our trainings at home. We were able to practise together with a lot of other players, who are great sparring partners. It's very motivating to practice like this, as both the other players and you are keep pushing yourself to your limits.



Life was also very good outside of the training hall. We lived in a big house with a lot of other players, where we had everything we needed: kitchen, washing machine, short distance to the hall etc. When we had some free time, it was nice to hang out with all the other players.

Overall we are happy that we chose Odense for our Scholarship. We got familiar with new training methods, we had the opportunity to practise with many players from different countries and with a great coach Lennart Engler, who we would like to thank so much!

Also a big thanks goes to Badminton Europe for giving us the Scholarship!

Thank you for the great experience!

Article by Miha Ivanič and Martin Cerkovnik