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Verlaine Faulmann's experience in Odense



My stay in Odense was for 2 full weeks. I came on the 26th of July and left on the 9th of August. I started trainings as fast as possible so one hour after my arrival on Sunday, with some matches. Then, during the next week, I could taste the "real" trainings with Lennart Engler, the main coach.

The sessions were quite short but pretty intensive. When more and more players arrived, we were divided in 2 or 3 groups depending on our level. The trainings were really enriching, especially when we trained with older players. Lennart is really competent. I felt that his words are right and really useful for our improvement. I really discovered new things about my game, and new techniques. We had 2 sessions a day, and we were aware of the planning thanks to the facebook page.



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We slept in the "Axelsen house", which was really comfortable. I was with another French girl from the national team, and later a Japanese girl came to join us. Actually we were in the second floor of the house, which was like a little apartment. Therefore, we were entirely independent and had to make our food ourselves. There was another girl with us from New Zealand, who used to train in Odense for a year and have lived in this house before.

The atmosphere was really nice both in the sports hall and in the flat. There were a lot of foreigners in Odense, players from all over Europe and even from different continents. Therefore it was very easy to integrate. All the people were very kind and friendly.

To sum it all up, I can say that these 2 weeks training camp made me improved in my game, thanks to the great coach Lennart, and also thanks to the high level of the sparring partners there. I think that I will definitely go back to Odense Center in the future and I recommend it to every other badminton player as well. There is a very high level badminton with a good and friendly atmosphere.

Article by Verlaine Faulmann