

## General requirements

### Location

- The city/region has good transports links to Europe by rail and car and is situated in close proximity of a major international airport.
- The city/region has a strong presence of players, coaches and high performance training environments (clubs, academies, regional and/or national training).
- The city/region provides a range of education solutions for players with flexible learning programmes.
- The city/region is in close proximity of embassies and/or consulates to enable swift and efficient handling of visa applications.

### Function and flexibility

- The venue will provide a base for a fulltime training centre and other BEC performance development activities.
- The centre should have priority use of the courts in the period from 8-18 (Mon-Fri) and 8-12 (Sat), but not exclusive rights as the general training schedule only includes 2-4 hours in the morning and 2 hours in the afternoon.
- The training schedule is likely to change from week to week, due to player numbers affected by international tournament programme etc and the booking arrangements must be sufficiently flexible to accommodate this
- In addition to regular weekly training for fulltime players, facilities should be made available for training camps, coach education seminars and various other activities a few times a year, mainly during weekends and public holidays, as agreed with BEC from time to time.
- Flexibility may be required in relation to residential accommodation to suit a range of ages, numbers and duration of visitors.
- New players will be introduced to the squad from time to time and will require additional support during an induction period.

### Education

- Local and regional educational institutions have provision for international students and provide a range of education solutions for players at the training centre.
- Flexible learning programmes makes it possible to combine elite sport with part time studies.

### Host responsibilities

We wish to form a close partnership with a host that is prepared to and capable of contributing actively to the development and management of the centre. The host will:

- Nominate an appropriate member of staff to liaise with BEC responsible officer and the Head Coach on a regular basis, as well as support the daily management of centre activities.
- Provide admin support and make other contributions regarding the daily management of the centre (e.g. player liaison regarding accommodation and education).
- Establish a player support network, that provides player support with respect to education, part time job opportunities and practical issues in daily life.
- Facilitate and support the communication between players, coaches and the property owner, where accommodation is provided off site by third party,
- Facilitate and support the communication between sport science support providers (e.g. physio clinic) and BEC, Head Coach and players.
- Facilitate and support the communication between the training venue and BEC, Head Coach and players in order to secure courts and use of other facilities as required by BEC.
- Support the organisation of other activities at the centre
- Support the relationship between local authorities and BEC/the centre

### Functional content

The centre should provide the following facilities and services:

#### Reception

- Reception area where visitors can receive information and directions
- Allocated wall space for BEC Centre of Excellence e.g. sign, notice boards, pictures and photographs.

#### Badminton courts

- Provide fully equipped Badminton facilities, suitable for elite level training and play for the duration of the agreement.
- Provide free entry to the facilities for agreed users.
- Minimum 5-8 badminton courts
- Preferred ceiling height 12m and minimum 9m

- Priority use of 4-8 badminton courts during general training hours from 8-18 (Mon-Fri) and 8-12 (Sat)
- Make facilities available at appropriate times and in sufficient quantity
- Flexible booking arrangements as the training schedule will change from week to week depending on player availability due to international tournament programme etc
- Based on a core group of 20-24 players in fulltime training, the anticipated court usage is 3,500-4,000 court hours per annum (court hour = one court for one hour)
- No requirement – practice on court mats from time to time
- No requirement – arena style set up from time to time (court mats, extra space between and behind courts and 12m ceiling height), to mirror international tournament environment

### Gymnasium

- Fully equipped gym with free weights, weight machines, bikes, treadmills etc. suitable for high performance training
- Free access for agreed users
- Capacity for groups of 12 or more players to train at the same time

### Sports science and sports medicine provision

- Physiotherapy suite or treatment room located on site or alternatively establish working relationship with physiotherapy clinic in close proximity of the training venue.
- Medical support, rehabilitation and prehab provided by licensed professionals i.e. doctor, physiotherapist and soft tissue therapist (massage). Part time.
- Strength and conditioning training (programme development, instruction of players and monitoring of training sessions) provided by certified and experienced strength and conditioning coach. Part time.
- No requirement – Other services that may be utilised on an infrequent basis include nutrition, psychology and performance analysis.
- No requirement – Access to test lab and specialist staff to track and monitor progress of physical capabilities.

### Changing rooms

- Amble space for changing and showering before and after training sessions.

### Player rest area

- Room/area/space where players can relax between training sessions.
- This should ideally include lounge chairs, sofas as well as TV and Wi-Fi

### Staff office

- Provide appropriate office accommodation for two badminton coaches. Private or open office environment. Desks, chairs and basic storage provided.
- Telephone connection and internet access; preferably both wired connection and Wi-Fi.

### Meeting room

- Small meeting room for player and coach meetings (8-10 persons)
- Large meeting room for meetings and seminars (25-50 persons).
- No requirement – auditorium and multiple meeting rooms for seminars and conferences.

### Catering

- Restaurant or cafeteria on site, or in close proximity of training venue, serving lunch and dinner at affordable prices and appropriate for high performance athletes.
- Capacity to cater for large groups at special events during weekends and public holidays e.g. training camps, seminars and meetings

### Storage

- Private and locked storage space for shuttles and other equipment (min 10m<sup>3</sup>).
- Situated in close proximity of badminton courts for easy access before and after training sessions.

### Residential accommodation

- Residential accommodation on site or located in close proximity of training venue. Long term (months) for fulltime players and short term (days, weeks) for invited guests and players attending training camps.
- Twin rooms or shared accommodation in a house or flat for players.
- Single rooms for coaches.
- Common room with TV, Wi-Fi and space to relax
- Kitchen with facilities to store and cook food
- Laundry room with washing machine and tumble dryer.