



# BEC PARA-BADMINTON EDUCATION COURSE

**ONE SPORT, ONE TEAM**



Badminton Europe  
Brøndbytoften 14  
2605 Brøndby, Denmark  
info@eurobadminton.dk  
www.badminton-europe.com

## 2<sup>nd</sup> BEC Para-Badminton Education Course 21-23 October 2016, Beek

### 1. Daily Programme

Friday, 21 October 2016 Location: Meeting room at 't Kaar	
Time	Programme
<b>Transport: 12.30pm from hotel lobby</b>	
<b>Before 1.30pm</b>	Arrival of participants
<b>Session 1: 1.30 – 4.30pm</b>	1. Introduction  2. Change of landscape – what has happened in last 12 months (review of BEC targets / goals)  3. Changes in structures across Europe <ul style="list-style-type: none"> <li>Case Studies               <ul style="list-style-type: none"> <li>i, Alan Oliver – Scottish National Player</li> <li>ii, Romania &amp; Austria development</li> <li>iii, Carmen Martinez – Technical Delegate</li> <li>iv, Gaye Erkmen – Turkey national coach</li> </ul> </li> </ul> 4. Split into High Performance (HP) & Development groups (DEV)  5. Plan for weekend - Groups / Targets
<b>4.30 – 5.00pm</b>	Coffee break
<b>5.00 – 6.00pm</b>	Mingling and question preparation  Coaches to think of one question each that they can ask the Panel at the Q&A session while completing some other tasks.  Coaches to hand in their questions prior to Q&A and deliver the tasks.
<b>6.00 – 7.00pm</b>	Dinner at the 't Kaar
<b>Session 2: 7.00 – 8.30pm</b>	<ul style="list-style-type: none"> <li><b>Q &amp; A Session</b> - with Q &amp; A Panel               <ul style="list-style-type: none"> <li>i. Kaity Hall</li> <li>ii. Anton Ivanov</li> <li>iii. Pavel Dobrynin</li> <li>iv. Alan Oliver (Player, SL)</li> </ul> </li> <li>Sum up of Day 1 and preparation for Day 2</li> </ul>
<b>From 8.30pm</b>	Free time



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Saturday, 22 October 2016 Location: De Haamen Sports Hall		
Time	Programme	
Transport: 8.30am from hotel lobby		
Session 3: 9.00 – 12.00pm	<b>High Performance</b> Exercises with Coaches – Pavel Dobrynin & Anton Ivanov <ul style="list-style-type: none"><li>Sharing of knowledge and ideas to assist in developing and enhancing current structures for National Squads and players.</li></ul>	<b>Development</b> Exercises with – Kaity Hall <ul style="list-style-type: none"><li>Development Plans</li><li>The Basics (all categories)</li></ul> Creating plans and programmes
12.00pm – 1.00pm	Lunch at Sports Hall Cafeteria	•
1.00 – 6.00pm	<b>Combine &amp; Split Sessions – High Performance &amp; Development</b>	
Session 4: 1.00 – 2.00pm	<b>Combine</b> - Review of morning session <ul style="list-style-type: none"><li>Share key knowledge and actions</li><li>Group discussion</li></ul>	
Session 5: 2.00 – 3.00pm	<b>Split</b> - Back into HP or DEV Groups <ul style="list-style-type: none"><li>Work on key challenges from the morning sessions (Head Coaches of group to decide format of afternoon session).</li></ul>	
3.00 – 3.15pm	Coffee break	
Session 6: 3.15 – 4.30pm	<b>Combine</b> - Group exercises & discussions <ul style="list-style-type: none"><li>Mentor/Buddy Sessions – HP Coaches work with DEV coaches on specific topics on-court (small groups 2/4)</li></ul>	
Session 7: 4.30 – 6.00pm	<b>Combine</b> - Fun games for everyone (Development Coaches to organize FUN games session for all – use of whole sports hall)	
6.00 – 7.00pm	Dinner at Sports Hall Cafeteria	
Session 8: 7.00 – 8.00 pm	<ul style="list-style-type: none"><li>Sum up of Day 2 and preparation for Day 3</li><li>THE QUIZ</li></ul>	
From 8.00 pm	Free time	



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Sunday, 23 October 2016 Location: Meeting room at 't Kaar	
Time	Programme
<b>Transport: 8.30am from hotel lobby</b>	
<b>Session 9: 9.00 – 11.00am</b>	<ul style="list-style-type: none"><li>• Integrity / Anti-Doping</li><li>• BWF update and Q &amp; A – Paul Kurzo, BWF Vice President (Para-Badminton)</li><li>• Key targets and future developments from the course</li></ul>
<b>Session 10: 11.00am – 12.00pm</b>	<ul style="list-style-type: none"><li>• BEC update &amp; Closing Summary – João Matos, BEC Vice President (Chair of BEC Para-Badminton Commission)</li><li>• Final logistics</li></ul>
<b>12.00pm – 1.00pm</b>	Lunch and departure

### 2. Other relevant information

- Please fill in the online feedback form after the course** [here](#)
- Local transport contact person: Rudi van Brienem, + 31 681 955 758
- Location for theoretical sessions (Friday and Sunday) at ['t Kaar](#)  
Address: Stationstraat 126, 6191 BG Beek
- Location for practical session (Saturday) at De Haamen Sports Hall  
Address: Sportlandgoed, De Haamen 1, Beek
- Hotel van der Valk – Hotel Stein-Urmond, Mauritslaan 65, 6129 EL Urmond
- For Beek weather forecast, click [here](#)
- For Dutch emergency numbers, click [here](#)