

What we have done after the 1st BEC
Para-badminton Education Course in
Turkey?

Gaye Erkmen



WH1

- NOT as much abo
- No power in legs
- High Back on wheel chair

Court

- HALF COURT
- Front out at all times
- Back out for serve

WH2

- Shorter leg jump
- use of ABS
- To keep back on wheelchair

Rules

- Feet have to be down
- keep back on
- NO PROHIBITION

STUFF

- CHANGE OF GRIP
- Good Overhead
- USE OF HIP
- NEVER

11) Physical & Psychological prep

12) Competing with Ana...

13) Wheelchair/standing technical differences

14) Finding sponsors

15) How to start

WHAT TO DO

- 1. 1st round
- 2. 2nd round
- 3. 3rd round
- 4. 4th round
- 5. 5th round
- 6. 6th round
- 7. 7th round
- 8. 8th round
- 9. 9th round
- 10. 10th round
- 11. 11th round
- 12. 12th round
- 13. 13th round
- 14. 14th round
- 15. 15th round
- 16. 16th round
- 17. 17th round
- 18. 18th round
- 19. 19th round
- 20. 20th round
- 21. 21st round
- 22. 22nd round
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- 83. 83rd round
- 84. 84th round
- 85. 85th round
- 86. 86th round
- 87. 87th round
- 88. 88th round
- 89. 89th round
- 90. 90th round
- 91. 91st round
- 92. 92nd round
- 93. 93rd round
- 94. 94th round
- 95. 95th round
- 96. 96th round
- 97. 97th round
- 98. 98th round
- 99. 99th round
- 100. 100th round



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ANTALYA / MANAVGAT

February



😊 60 athletes
😊 6 categories







Training Camp - Konya



Old & New



☺ **11 countries** (Austria, England, Finland, France, Germany, Malaysia, Norway, Poland, Spain, Switzerland, Turkey)

☺ **80 athletes**

☺ **5 categories**









NEVŞEHİR / CAPPADOCIA

14-17 July



😊 70 athletes

😊 6 categories



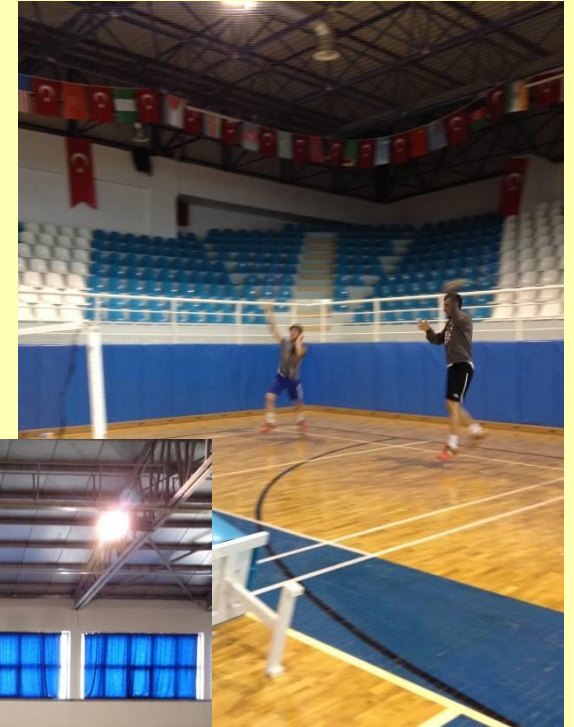
Training Camp - Konya



Wheelchairs



Training Camp - Konya



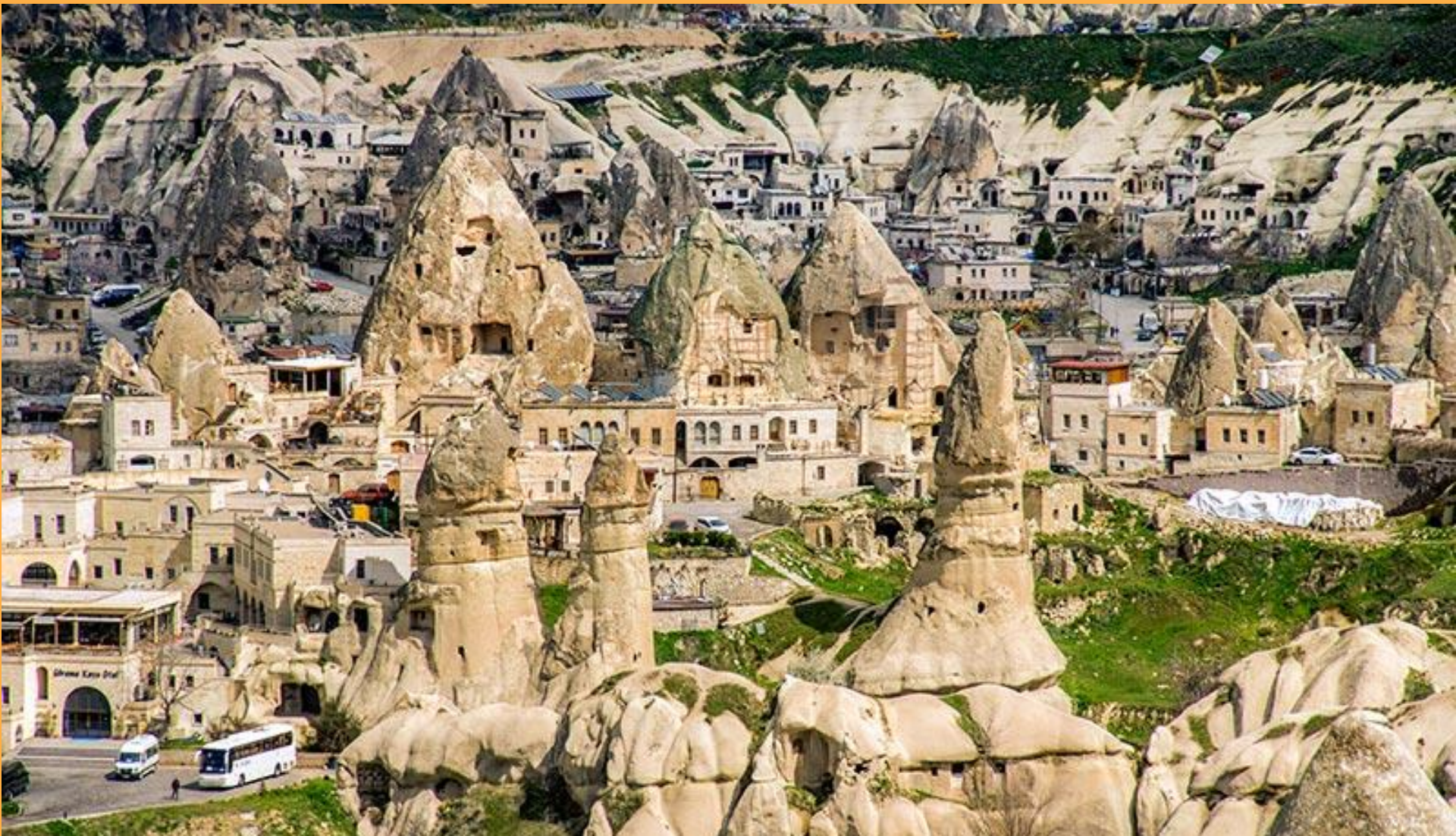
3rd International ENESCUP, 9-14 May 2017

NEVŞEHİR/ CAPPADOCIA



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